

Grand Saline Middle School Lunch Menu

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
ENTREES	Cycle Week 1-Chicken Drumstick Cycle Week 2-Ckn Fried Steak Cheese Burger w/Fries Pizza w/Marinara Yogurt Parfait w/fruit & granola	Cycle Week 1-Nachos Cycle Week 2-Taco Soup Corn Dog w/Tots Deli Sandwich w/Baked Chips Chef Salad w/Diced Ham	Cycle Week 1-Chicken Spaghetti Cycle Week 2-Salisbury Steak Chili Dog w/Baked Chips Pizza w/Marinara Yogurt Parfait w/fruit & granola	Cycle Week 1-Chicken Smackers Cycle Week 2-Steak Fingers Hamburger w/Stars Stuffed Baked Potato w/Roll Chef Salad w/Popcorn Chicken	Cycle Week 1-Crispitos Cycle Week 2-Quesadillas Chicken Burger w/Fries Pizza w/Marinara Yogurt Parfait w/fruit & granola
VEGETABLES	Seasoned Green Beans Mashed Potatoes Salad	Refried Beans Pico de Gallo, Jalapenos Salad	Glazed Carrots Steamed Broccoli Seasoned Corn	Ranch Style Beans Baby Bakers Salad	Veggie Dippers w/Ranch Salsa, Jalapenos Salad
FRUIT	Fresh, Canned or Frozen Fruit	Fresh, Canned or Frozen Fruit	Fresh, Canned or Frozen Fruit	Fresh, Canned or Frozen Fruit	Fresh, Canned or Frozen Fruit
GRAINS	Warm Roll	Spanish Rice Crackers for salad	Warm Roll	Warm Roll Crackers for salad	Tostado Chips
MILK	1% White, Skim Flavored	1% White, Skim Flavored	1% White, Skim Flavored	1% White, Skim Flavored	1% White, Skim Flavored
CONDIMENTS	Ketchup Mustard Mayo Ranch Gravy	Ketchup Mustard or Mayo Dressings for Salad Ranch	Ketchup Mustard Mayo Ranch	Ketchup Mustard or Mayo Dressings for Salad Ranch or Dipping Sauce Gravy	Ketchup Mustard Mayo Ranch
	FOUR DIFFERENT ENTRÉES OFFERED DAILY	STUDENTS MAY CHOOSE: 1 ENTRÉE, UP TO 2 FRUITS & 2 VEGETABLES, 1 GRAIN AND A CHOICE OF MILK	CHOOSE 3 OF THE 5 FOOD GROUPS. 1 MUST BE 1/2 CUP FRUIT OR VEGETABLE. MAY TAKE ALL 5.	LUNCH PRICES STUDENTS: \$2.60 paid \$.40 reduced STAFF: \$3.75 VISITORS: \$3.75	MENUS ARE SUBJECT TO CHANGE DUE TO PRODUCT AVAILABILITY

Cycle Week 1 and 2 Entrees will alternate weekly. All others will be sold weekly.